

### Reserve Air Supply System Training Verification Form

#### Review questions

1. Is the pony bottle used in the GOT on or off during dive?      ON      OFF
2. What is the max psi of the reserve air systems?      \_\_\_\_\_
3. What PSI do you surface with in your primary cylinder in the GOT? \_\_\_\_\_
4. What PSI do you surface with in the primary air source for Surface Supplied Diving?  
\_\_\_\_\_
5. Is it necessary to turn on the Spare Air system used in Surface Supplied dive mode? Yes/No
6. In an out of air emergency divers using RASS do a slow ascent immediately upon activation.  
TRUE      FALSE
7. All incidents involving RASS use must be reported to Dive Ops. TRUE      FALSE
8. Pony bottles are to be filled when psi is below \_\_\_\_\_.
9. A pressure gauge is on each RASS system. TRUE      FALSE
10. Pony bottles add \_\_\_\_\_ lbs. weight to the left side of the diver.

#### Hands on Training

- \_\_\_\_\_ Assembly
- \_\_\_\_\_ Check psi, turn off
- \_\_\_\_\_ Secure to BCD
- \_\_\_\_\_ Dive to bottom of exhibit
- \_\_\_\_\_ Turn RASS on
- \_\_\_\_\_ Swap from primary regulator to RASS
- \_\_\_\_\_ **Exhale while regulator is out of your mouth**
- \_\_\_\_\_ Purge regulator or exhale forcefully to clear water in regulator
- \_\_\_\_\_ Inhale cautiously
- \_\_\_\_\_ Dive 1 switch back to primary regulator
- \_\_\_\_\_ Dive 2 perform a slow ascent (30 feet per minute recommended)
- \_\_\_\_\_ Debrief after each dive and discuss

I have watched the RASS PowerPoint.      \_\_\_\_\_ Initial

I have had explained and understand any of the questions that I missed or did not understand. \_\_\_\_\_ Initial

I understand that 2 additional supervised training dives are required before I am trained on RASS.  
\_\_\_\_\_ Initial

\_\_\_\_\_  
Signature      Date

\_\_\_\_\_  
Print Name