



Reserve Air Supply System Training Verification Form

Review questions

1. Is the pony bottle used in the GOT on or off during dive? On/Off
2. What is the max psi of the reserve air systems? _____
3. What PSI do you surface with in your primary cylinder in the GOT? _____
4. What PSI do you surface with in the primary air source for Surface Supplied Diving? _____
5. Is it necessary to turn on the Spare Air system used in Surface Supplied dive mode? Yes/No
6. In an out of air emergency divers using RASS do a slow ascent immediately upon activation. True/False
7. All incidents involving RASS use must be reported to Dive Ops. True/False
8. Pony bottles are to be filled when psi is below _____.
9. A pressure gauge is on each RASS system. True/False
10. Pony bottles add _____ lbs. weight to the left side of the diver.

Hands on Training

- _____ Assembly
- _____ Check psi, turn off
- _____ Secure to BCD
- _____ Dive to bottom of exhibit.
- _____ Turn RASS on
- _____ Swap from primary regulator to RASS
- _____ **Exhale while regulator is out of your mouth**
- _____ Purge regulator or exhale forcefully to clear water in regulator
- _____ Inhale cautiously
- _____ Dive 1 switch back to primary regulator
- _____ Dive 2 perform a slow ascent (30 feet per minute recommended)
- _____ Debrief after each dive and discuss

I have watched the RASS PowerPoint. _____ Initial

I have had explained and understand any of the questions that I missed or did not understand. _____ Initial

I understand that 2 additional supervised training dives are required before I am trained on RASS.
_____ Initial

Signature

Date

Print Name